

RECREATION CENTER CALENDAR

JULY 2009

COMMUNITY RESOURCE & RECREATION CENTER
 125 Mabel Jones Drive – Below the Dam – Phone 964-3003
 Office Hours 8 am – 3 pm Monday – Friday - web site: www.crrcofcanyonlake.org

CRRC



**JOHNNY DEE
 & THE ROCKET 88'S**
FRIDAY - JULY 3, 2009
 TICKETS AVAILABLE NOW AT CRRC
 MAIN OFFICE
 9 - 4 - MONDAY – FRIDAY
 \$25.00 EACH OR A RESERVED
 TABLE FOR 10 FOR \$300.00

1 Wednesday
 SET UP FOR JOHNNY
 DEE

2 Thursday
 8:30 Yoga
 10:30-11:30 Irish group
 dancing
 6:00 pm Cardio Combo
 SET UP FOR JOHNNY
 DEE

3 Friday
 9:30am Weight Watchers
 1:00-5:00 pm Sign
 Language Classes
 JOHNNY DEE dance and
 concert tonight. Gates
 open 7:00 – band plays at
 8:00

4 Saturday
 Happy 4th of July!



5 Sunday
 10:00 am Church at
 Canyon Lake
 6:00-8:00pm Adult
 pay & play volleyball

6 Monday
 8:30am
 SilverSneakers®II
 12:30-3:00 Pickleball
 6:00-9:00pm Pay &
 Play Basketball

7 Tuesday
 8:30 Yoga
 9:00 Line Dancing
 10:30 SilverSneakers
 Yoga
 10:30 SilverSneakers®I
 12:30-3:00 Pickleball
 6:00 pm Cardio Combo

8
 8:30am SilverSneakers®II
 12:30-3:00 Pickleball
 6:00-9:00pm Pay & Play
 Basketball

9
 8:30 Yoga
 9:00am Line Dancing
 10:30am SilverSneakers®I
 10:30am Irish group dancing
 12:30-3:00 Pickleball 1
 6:00 pm Cardio Combo
 6:00pm Basketball
 Skirmish 6th-8th grades

10
 8:30am SilverSneakers®II
 9:30am Weight Watchers
 12:30 – 3:00 Pickleball
 1:00-5:00 pm Sign
 Language Classes

11

**NEW!
 CARDIO
 COMBO
 CLASSES**
 Wanna get fit this
 summer? Cardio
 Combo classes
 begin June 9th. Get
 stronger and
 healthier. This
 class features high
 energy Aerobic
 and Kickboxing
 workout.

12
 10:00 am Church at
 Canyon Lake
 6:00-8:00pm Adult
 pay & play volleyball

13
 8:30am
 SilverSneakers®II
 12:30-3:00 Pickleball
 6:00-9:00pm Pay &
 Play Basketball

14
 8:30 Yoga
 9:00 Line Dancing
 10:30 SilverSneakers
 Yoga
 10:30 SilverSneakers®I
 12:30-3:00 Pickleball
 6:00 pm Cardio Combo

15
 8:30 SilverSneakers®II
 12:30-3:00 Pickleball
 6:00-9:00pm Pay & Play
 Basketball

16
 8:30 Yoga
 9:00am Line Dancing
 10:30am SilverSneakers®I
 10:30am Irish group dancing
 12:30-3:00 Pickleball 1
 6:00 pm Cardio Combo
 6:00pm Basketball
 Skirmish 6th-8th grades

17
 8:30am SilverSneakers®II
 9:30am Weight Watchers
 12:30 – 3:00 Pickleball
 1:00-5:00 pm Sign
 Language Classes

19
 10:00 am Church at
 Canyon Lake
 6:00-8:00pm Adult
 pay & play volleyball

20
 8:30am
 SilverSneakers®II
 12:30-3:00 Pickleball
 6:00-9:00pm Pay &
 Play Basketball

21
 8:30 Yoga
 9:00 Line Dancing
 10:30 SilverSneakers
 Yoga
 10:30 SilverSneakers®I
 12:30-3:00 Pickleball
 6:00 pm Cardio Combo

22
 8:30 SilverSneakers®II
 12:30-3:00 Pickleball
 6:00-9:00pm Pay & Play
 Basketball

23
 8:30 Yoga
 9:00am Line Dancing
 10:30am SilverSneakers®I
 10:30am Irish group dancing
 12:30-3:00 Pickleball 1
 6:00 pm Cardio Combo
 6:00pm Basketball
 Skirmish 6th-8th grades

24
 8:30am SilverSneakers®II
 9:30am Weight Watchers
 12:30 – 3:00 Pickleball
 1:00-5:00 pm Sign
 Language Classes

**Tuesday and
 Thursday
 Evenings
 6:00 P.M.**



26
 10:00 am Church at
 Canyon Lake
 6:00-8:00pm Adult
 pay & play volleyball

27
 8:30am
 SilverSneakers®II
 12:30-3:00 Pickleball
 6:00-9:00pm Pay &
 Play Basketball

28
 8:30 Yoga
 9:00 Line Dancing
 10:30 SilverSneakers
 Yoga
 10:30 SilverSneakers®I
 12:30-3:00 Pickleball
 6:00 pm Cardio Combo

29
 8:30 SilverSneakers®II
 12:30-3:00 Pickleball
 6:00-9:00pm Pay & Play
 Basketball

30
 8:30 Yoga
 9:00am Line Dancing
 10:30am SilverSneakers®I
 10:30am Irish group dancing
 12:30-3:00 Pickleball 1
 6:00 pm Cardio Combo
 6:00pm Basketball
 Skirmish 6th-8th grades

31
 8:30am SilverSneakers®II
 9:30am Weight Watchers
 12:30 – 3:00 Pickleball
 1:00-5:00 pm Sign
 Language Classes