


RECREATION CENTER CALENDAR

JUNE 2009

COMMUNITY RESOURCE & RECREATION CENTER
 125 Mabel Jones Drive – Below the Dam – Phone 964-3003
 Office Hours 8 am – 3 pm Monday – Friday - web site: www.crrcofcanyonlake.org

CRRRC

	1 Monday 8:30am SilverSneakers®II 12:30-3:00 Pickleball 6:00-9:00pm Pay & Play Basketball	2 Tuesday 8:30 Yoga 9:00 Line Dancing 10:30 SilverSneakers®I Yoga 10:30 SilverSneakers®II 12:30-3:00 Pickleball	3 Wednesday 8:30am SilverSneakers®II 12:30-3:00 Pickleball 6:00-9:00pm Pay & Play Basketball	4 Thursday 8:30 Yoga 9:00am Line Dancing 10:30am SilverSneakers®I 12:30-3:00 Pickleball 1	5 Friday 8:30am SilverSneakers®II 9:30am Weight Watchers 12:30 – 3:00 Pickleball 1:00-5:00 pm Sign Language Classes	6 Saturday	
7 Sunday 10:00 am Church at Canyon Lake 6:00-8:00pm Adult pay & play volleyball	8 8:30am SilverSneakers®II 12:30-3:00 Pickleball 6:00-9:00pm Pay & Play Basketball	9 8:30 Yoga 9:00 Line Dancing 10:30 SilverSneakers®I Yoga 10:30 SilverSneakers®II 12:30-3:00 Pickleball 6:00 pm Cardio Combo	10 8:30am SilverSneakers®II 12:30-3:00 Pickleball 6:00-9:00pm Pay & Play Basketball	11 8:30 Yoga 9:00am Line Dancing 10:30am SilverSneakers®I 12:30-3:00 Pickleball 1 6:00 pm Cardio Combo	12 8:30am SilverSneakers®II 9:30am Weight Watchers 12:30 – 3:00 Pickleball 1:00-5:00 pm Sign Language Classes	<p style="text-align: center;">NEW! CARDIO COMBO CLASSES</p> <p style="text-align: center;">Wanna get fit this summer? Cardio Combo classes begin June 9th. Get stronger and healthier. This class features high energy Aerobic and Kickboxing workout.</p> <p style="text-align: center;">Tuesday and Thursday Evenings 6:00 P.M.</p> 	
14 10:00 am Church at Canyon Lake 6:00-8:00pm Adult pay & play volleyball	15 8:30am SilverSneakers®II 12:30-3:00 Pickleball 6:00-9:00pm Pay & Play Basketball	16 8:30 Yoga 9:00 Line Dancing 10:30 SilverSneakers®I Yoga 10:30 SilverSneakers®II 12:30-3:00 Pickleball 6:00 pm Cardio Combo	17 8:30 SilverSneakers®II 12:30-3:00 Pickleball 6:00-9:00pm Pay & Play Basketball	18 8:30 Yoga 9:00am Line Dancing 10:30am SilverSneakers®I 12:30-3:00 Pickleball 1 6:00 pm Cardio Combo	19 8:30am SilverSneakers®II 9:30am Weight Watchers 12:30 – 3:00 Pickleball 1:00-5:00 pm Sign Language Classes		
21 FATHER'S DAY 10:00 am Church at Canyon Lake 6:00-8:00pm Adult pay & play volleyball	22 8:30am SilverSneakers®II 12:30-3:00 Pickleball 6:00-9:00pm Pay & Play Basketball	23 8:30 Yoga 9:00 Line Dancing 10:30 SilverSneakers®I Yoga 10:30 SilverSneakers®II 12:30-3:00 Pickleball 6:00 pm Cardio Combo	24 8:30 SilverSneakers®II 12:30-3:00 Pickleball 6:00-9:00pm Pay & Play Basketball	25 8:30 Yoga 9:00am Line Dancing 10:30am SilverSneakers®I 12:30-3:00 Pickleball 1 6:00 pm Cardio Combo	26 8:30am SilverSneakers®II 9:30am Weight Watchers 12:30 – 3:00 Pickleball 1:00-5:00 pm Sign Language Classes		
28 10:00 am Church at Canyon Lake 6:00-8:00pm Adult pay & play volleyball	29 8:30am SilverSneakers®II 12:30-3:00 Pickleball 6:00-9:00pm Pay & Play Basketball	30 8:30 Yoga 9:00 Line Dancing 10:30 SilverSneakers®I Yoga 10:30 SilverSneakers®II 12:30-3:00 Pickleball 6:00 pm Cardio Combo		<p><i>COMING SOON</i></p> <p>JOHNNY DEE & THE ROCKET 88'S</p> <p>FRIDAY - JULY 3, 2009</p> <p>TICKETS AVAILABLE NOW AT CRRRC MAIN OFFICE</p> <p>9 - 4 - MONDAY – FRIDAY</p> <p>\$25.00 EACH OR A RESERVED TABLE FOR 10 FOR \$300.00</p>			